PARENT INFORMATION SHEET

WHAT SHOULD YOU SEE AT PRIMARY RUGBY LEAGUE?

- All players given an opportunity to play all of the time.
- Small-sided games.
- Smaller pitches.

- Modified Rules.
- No Referees.
- Focus on fun and enjoyment.
- No keeping scores.

WHY WILL YOU SEE THIS?

- Children touch the ball more often and become more skilful with it.
- Children make more quality decisions through more involved playing time.

- Children have more opportunities to attack and defend and get equal time on both.
- Children being involved more benefits their self-esteem, motivation and social wellbeing.

WHAT CAN YOU DO TO PROVIDE A POSITIVE ENVIRONMENT FOR YOUR CHILD?

- Encourage fair play.
- Focus on encouragement and development not winning.
- Respect officials, coaches and opponents.
- Uphold your clubs code of conduct.
- Help kids enjoy sport.
- If a child is injured encourage them to take a break.

Enjoy The Game Rugby League (rugby-league.com)

Safeguarding Policy Safeguarding (rugby-league.com)

- Don't drink alcohol or smoke around the pitch.
- If a child suffers a head injury sit them out, see link for more concussion info Rugby League (rugby-league.com)
- Keep your emotions in check:

    - Be enthusiastic but don't scream instructions from the side-line.
    - Don't get into shouting matches with anyone.
    - Never use bad language.
    - Do not enter the field of play.

WHAT SHOULD YOU SEE FROM THE COACH?

- Child Centred Coaching – Coaching that is fully geared towards fulfilling the needs and wants of the child and not to the adults, the club or any other institution.
- Importance of personal/team development over winning.
- Rewarding effort rather than performance.
- Fun activities that are pitched at the right level.

- Creating success experiences for all through differentiation.
- The coach should set boundaries for the players and stick to them.
- No players stood waiting and both structured and unstructured activity.
- Appropriate challenge.
- Safe – No risk.

What can you do if you don't see this?   **Email: enquiries@rfl.co.uk**